

FREE
SUICIDE
PREVENTION TRAINING

REGISTER NOW!

NELSON

TUE 25 FEB 2020

9AM - 5PM

MANA AKIAKI



LeVa

E aku tī, e aku tā. E karanga ana a Mana Akiaki kia rarau mai tātou i raro nga manaakitanga o te runga rawa, kia whai oranga tenei kaupapa. Ki te whakawātea te hinengaro, kia rere pai ai te wairua kia patua tātou i te ngāngara e ngau nei i a tātou.

Mana Akiaki - LifeKeepers for Māori aims to equip communities and whānau with the knowledge and skills needed to help prevent suicide. The wānanga is delivered through a Māori lens, weaving te reo me ona tikanga, nga whakataukī, and mātauranga Māori throughout. Fluency in Te Reo is not necessary for this workshop.

Through this training you'll:

- learn how to korero responsibly about suicide
- gain an understanding of the factors that contribute to someone being suicidal
- learn what to look for when someone may be at risk of suicide
- develop strategies for how to ask about suicide, respond with confidence, and engage different services and supports

Mana Akiaki suicide prevention training is **FREE**, evidence based, clinically safe, culturally responsive, and available to New Zealand citizens and residents 18 and over*

Register now via the website: www.lifekeepers.nz

*LifeKeepers is funded by the Ministry of Health to provide suicide prevention training for those New Zealanders who are most likely to interact with people at risk of suicide and who do not already have access to funded suicide prevention training. The programme has not been funded for registered professionals who already have access to suicide prevention training, or for those who belong to organisations which currently provide or fund suicide prevention training for their staff.