TE WAKA HAUORA PRESENTS



ENROLMENT

Consent, blood test, height & weight

Drop in 1pm - 4pm Mon 11th & Tue 12th March

HEALTH CHECK

Health checks, blood results, info and prize draw

Book an appointment Hangi & prize draw 3.00pm Sunday 17th March LOCATION

Nga Puawai Kohanga Reo

Budge Street

Sign up is **FREE** - drop in on Enrolment day to fill in a consent form, have a blood test and measurements.

Book in for a FREE Health Check with a Nurse on Sunday 17th March

All health checks are private and confidential

Every person/child who completes their check-up gets a \$20 grocery voucher



Hangi provided on Health Check day from 3.00pm (take home option)

Prize draw for 2 x \$100 & 2 x \$50 vouchers at 3.00pm

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We're all in this together

For more info on Hauora Direct contact: Melissa Ph: 027 483 0128 E: Melissa.Cragg@nmdhb.govt.nz



