

SUICIDE PREVENTION
TRAINING
FREE

REGISTER NOW!

NELSON
WED 26TH FEB 2020
9AM - 5PM



LeVc

LIFEKEEPERS

**Kia hora te marino, kia papa pounamu te moana, kia tere te karohirohi i
mua i tou huarahi.**

May calm and tranquility be widespread, may the waters that you sail in glisten like greenstone, and may their shimmering light guide you safely on your journey.

The **LifeKeepers** programme aims to equip communities and whānau with the knowledge and skills needed to help prevent suicide.

Through this training you'll:

- learn how to talk responsibly about suicide
- gain an understanding of the risk factors that contribute to someone being suicidal
- learn what to look for when someone may be at risk of suicide
- develop strategies for how to ask about suicide, respond with confidence, and engage different services and supports

LifeKeepers suicide prevention training is **FREE**, evidence based, clinically safe, culturally responsive, and available to New Zealand citizens and residents 18 and over*

Register now via the website: www.lifekeepers.nz

*LifeKeepers is funded by the Ministry of Health to provide suicide prevention training for those New Zealanders who are most likely to interact with people at risk of suicide and who do not already have access to funded suicide prevention training. The programme has not been funded for registered professionals who already have access to suicide prevention training, or for those who belong to organisations which currently provide or fund suicide prevention training for their staff.