

Te Taiwhenua o Te Waka a Maui

Tasman Māori Rugby

U18 Development Programme

Ngāti Kuia • Rangitane • Ngāti Apa • Ngāti Koata • Ngāti Rarua • Ngāti Toa • Ngāti Tama • Te Āti Awa

Sunday 7 April 2019

8:30am - 4pm

Te Awhina Marae Pah Street, Motueka

Kaka Point Kaiterteri

Riwaka Rugby Club Cooks Reserve Main Road Riwaka

Contact

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Community Rugby Manager

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Tirohanga Whānui : Overview

Nau mai hoki mai! Now is an exciting time to be part of a new kaupapa for the region aiming to connect our rangatahi with Te ao māori and rugby.

Whai : Aim

- Encourage the use of tikanga māori through rugby.
- Prepare our rangatahi for Te Waipounamu Camp in Christchurch.
- Create performance data with coach feedback.
- Korero with our Rangatahi Kanohi I te Kanohi (face to face).
- Develop Rangatahi into Rangatira (youth into chiefs / chieftess).

Mauria mai enei : What to bring

Pepeha

Ko (mountain) te maunga
Ko (canoe) te waka
Ko (river) te awa
Ko (tribe) te iwi
Ko (sub-tribe) te hapu
Ko (meeting house) te marae
Ko (your name) tōku ingoa

Kei-te-pai if you're not sure of your pepeha, we can help you! Use this as a learning experience to find out about your Māori lineage and contact us if you need help.

Koha
Coin

Boots

Mouth guard

Training
Clothes

Shower
Gear +
Change of
Clothes

Ngā kau reka
Positive
Attitude

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Rārangi take : Agenda

8:30am **Meet** @ Te Awhina Marae car park, Pah Street, Motueka
Dress code: Tidy respectable. Tane (men) please wear long pants.

8:45am **Powhiri** - welcome on to the marae
Please bring a gold coin to contribute to a koha for the marae

9:30am **Paramanawa** - morning tea
Brief daily activities
Travel to Kaka Point - Kaiteriteri

10:00am **Pupuri Te Mauri**
Whakawhanaungatanga - Mihaere Emery
Whenua Korero - Sean Delaney
Activity
Travel to Riwaka Rugby Club

12:00pm Kai and korero
Tiki Edwards - NZRFU Māori Rugby Development manager

1.00pm **Performance Testing** (Player profiling)

Cardio Agility Speed Strength

Skills and drills

RCP Break down Tackle Decision Making

Specific Coaching if time Allows

3:00pm Showers

3:20pm Kai

3:45pm Debrief and Karakia

4:00pm Poroporoaki / farewell



***Taua ki te Tuu, kia Ranga,
kia Tuu he Rangatira, kia
pupuri te Mauri.***

*Standing with a purpose,
weaving leaders together to
become chiefs to uphold the
Mauri of our Ancestors.*